

What Lap Band Involves

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Lap Band surgery is when a smaller stomach pouch is formed in the upper portion of the stomach. Normally, this pouch will only hold approximately ½ to 1 ounce of food. This pouch connects to the rest of the stomach through an outlet called a stoma.

The person who has had Lap Band surgery will not feel the need to eat when their upper stomach is full and they will be able to control their weight gain and of course lower their weight over time.

The Lap Band procedure in essence will allow for individuals to eat smaller meals during the day, yet obtain the required nutrients that they need instead of continuing to go back for seconds and thirds, meaning more weight gain. The procedure is done under general anesthesia and usually lasts no more than one hour.

When a patient needs to have the Lap Band adjusted, it can be done through a simple procedure where a saline solution is inserted into the Lap Band itself.